
FINS NSREADY FREQUENTLY ASKED QUESTIONS (FAQ)

1. How do I register my interest?

- Scan the QR code on our promotional materials to access the FINS NS Ready webpage and complete the online registration form.
- Alternatively, email us at fins@safra.sg with your contact details, name and age. Our Swim School Coordinator will respond within 3 working days.

2. How do I confirm my class registration?

Successful applicants will receive a confirmation email and phone call approximately 3 weeks before the class starts. To secure your place:

- Complete and submit the registration form provided
- Submit all required documents, if applicable
- Make payment before the course commencement date via:
 - Online payment, or
 - Any FINS counter

3. What is the FINS NS Ready Confidence & Readiness Swim Programme? What will participants learn?

This programme is designed for pre-enlistees aged 16 to 18 to build swimming confidence, improve water readiness and strengthen swimming fundamentals before National Service (NS). Training is conducted in small groups, allowing for progressive instruction and personalised coaching for each participant.

Key Focus Areas:

- Swimming fundamentals
- Breathing control and techniques
- Core swimming strokes
- Water confidence and movement
- Basic lifesaving skills
- Under water survival strategies

4. Who is the programme for?

The programme is specifically designed for pre-enlistees who wish to improve their swimming confidence, skills and readiness before entering NS.

5. How long is the programme?

The programme consists of 4 sessions, with 1 hour per session.

6. Do I need to know how to swim before joining?

Participants should preferably possess a basic level of swimming ability. Those with no prior swimming experience should consult FINS Swim School before registering to determine if the programme is suitable.

7. Is this a beginner learn-to-swim programme?

No. This is a readiness programme designed to strengthen existing swimming skills, confidence and water survival abilities. It is not intended to replace a beginner learn-to-swim course.

8. Will participants learn lifesaving and survival skills?

Yes. Basic lifesaving skills and practical water survival strategies are incorporated into the programme.

9. Does the programme prepare participants for NS-related water activities?

Yes. The programme is designed with NS-related water activities in mind and aims to build confidence, resilience and swimming competency. However, completion of the programme does not guarantee passing any NS swimming assessment or achieving a specific performance outcome.

10. Is this programme suitable for someone who lacks confidence in the water?

Yes. One of the programme's key objectives is to help participants build confidence and become more comfortable in the water. With progressive instruction and personalised coaching, participants can develop the skills and assurance needed for greater water readiness.

11. Is this programme a replacement for NS training?

No. The programme complements pre-enlistment preparation and does not replace official NS training, assessments or requirements.

12. Can I join if I have already enlisted? Who can join the programme?

The programme is intended for pre-enlistees. If you have already enlisted or are currently serving NS, please contact FINS Swim School to check your eligibility. The programme is open to all SAFRA, HomeTeamNS and NSRCC members who meet the eligibility requirements.

13. Where can I find more information?

Visit the SAFRA FINS NS Ready programme webpage or email fins@safra.sg for assistance.

14. There is a sign-up kit/ redemption gift, where do I collect?

Sign-up kit/ redemption gift will be given to participant at the first lesson.